



Happy New Year!

Everyone at A Healing Touch wants to thank you for another wonderful year together. We hope that you have a safe and Happy New Year!

We are so excited to introduce the newest addition to our wellness center. Our full spectrum infrared sauna has arrived and is getting rave reviews. We hope you will come in for your first session at the special New Year rate of just \$24! That is a \$15 savings until the end of January! It only takes 20-30 minutes to start healing your body from the inside out. Come relax and rejuvenate while flushing harmful toxins. Packages and monthly memberships are also available. Click on the link below for more information on the health benefits of infrared saunas. We want to help you improve your health and wellness this year! Call and make your appointment today! (704) 577-4775

<http://www.sunlighten.com/infrared-sauna-health-benefits/>

Baby It's Cold Outside!
Try ZUMthing to Warm you Up!
ZUM Scent of the Month

Frankincense & Myrrh

Come in and receive 25% off all
Frankincense and Myrrh products
until the end of January



**The Healing Power
of Herbs
Wellness Series:
Strengthening
Winter Immunity
January 11, 2017
6pm-9pm**

The next class in The Healing Power of Herbs series will feature ways to fight the cold and flu season as well as boost your immunity. Join us as we learn not only how herbs can assist in fending off germs, but also lend a hand in the prevention and recovery process as well.

\$55 for the class.

Call and reserve your spot with a \$20 registration fee.



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